

GET CONNECTED

Veteran Service Officers

What is a Veteran Service Officer?

VA accredited Veteran Services Officers (VSO) assist veterans and their families with connecting to benefits, submitting claims, and filing appeals for denied claims for **FREE**.

Visit the Idaho Veterans Guide listed below to find and contact your nearest VSO.

Enter your zip code then type in a search for "Veterans Advocacy"

to find all available VSO's in your area
Or call IDVS Office of Veterans Advocacy

Pocatello & Idaho Fall 208-244-3873

to schedule with a State Veteran Service Officer.

Find Resources & Programs

For additional resources at low or no cost such as **Food, Housing, Transportation, Legal, Education, Community and Camaraderie,** and more, please visit

www.IdahoVeteransGuide.org



or scan the QR code above.

The search is secure and anonymous.
If you need help accessing the guide, contact
Idaho Division of Veterans Services
(208) 780-1300

Veterans Crisis Line For confidential crisis support for Veterans and their loved ones:
Call 988 and press 1

For VA Caregiver Support Programs,
visit: www.caregiver.va.gov

Ask The Question

HAVE YOU OR A LOVED ONE EVER SERVED IN THE U.S. MILITARY?

If yes, use the questions and information below to screen for risks that may require additional support and programs.

Getting Started

- When did you serve, which branch, and what did you do?
- Were you ever deployed or in combative situations?
- Were you wounded, injured, or hospitalized?
- Were you exposed to noise, chemicals, gases, demolition of munitions, pesticides, or other hazardous substances?

Military Exposures

- **Airborne Hazards & Burn Pit Exposures** (Iraq, Afghanistan)
- **Agent Orange Exposure** (Vietnam)
- **Camp Lejeune Water Contamination** (Jacksonville, NC from 1957 to 1987)
- **Gulf War Syndrome** (Gulf Wars, August 1990 to present)
- **Noise Exposure** (All Eras)

For a complete list of toxic exposures, please visit
www.va.gov/PACT

Military Trauma

- **Blast Concussions/Traumatic Brain Injury:** Do you experience memory loss, have trouble sleeping or have frequent headaches?
- **Post-Traumatic Stress:** Do you experience extreme sadness, startle, anxiety, guilt, high alertness or difficulty with personal relationships?
- **Military Sexual Trauma:** During military service did you receive unwanted sexual attention like touching, pressure for sexual favors or remarks?

If an exposure or risk is identified, use this information on the backside of the card for next steps

