Community Suicide Prevention Community Meeting Minutes from May 1, 2025

Rick Croft welcomed attendees in person and online.

In attendance via zoom:

Jan EastmanDan BrudererKatie DodgeBonny JenningsRaeAnne BuerstatteAndrea Hamilton

Tina Ricks Brandie Weaver Madison Kwasmy (proxy for Sara White)

In person:

Timalee Geisler Sheila Murdock Brandi Daw
Tina Wheatley Russ Wheately Rick Croft
Eric Adams Christine Adams Kyla Crall, CEI

Lynn Wade, NAMI Kaitlyn Browning, C-Ya Michael Sandvig, NAMI

Chris Aspinall Lisa Elkins

Rick reviewed the Idaho Crisis and Suicide Hotline presentation from last month by Lee Flynn. The crisis teams are activated and are being expanded. The local crisis team for east Idaho is based out of Pocatello. Senate Bill number 1199 passed on April 2, 2025, allowing crisis line workers to be able to follow up with youth without parental permission. The language from the bill: Subsection(3)of this section shall not apply, and a health care provider may authorize or furnish a health care service without obtaining the informed consent of the minor child's parent, if: (C)The minor child is accessing the services of the Idaho crisis and suicide hotline or experiencing a mental health crisis and Presents an imminent risk of serious injury to self or others;

CSP is a 501c3 non-profit organization and 100% of the money that comes into CSP is through donations. The executive board thought it would be nice to find fundraising events where board members could be present in the community to fundraise. CSP has been staffing concession stands at Mountain America Center in Idaho Falls for fundraising. MAC donates 10% of sales and 75% of tips to the organization, the remaining 25% goes to the cooks. 8-10 board members attend each event. For three events we have raised about \$2700. We will staff one additional event, the Jon Pardi concert in June, for 2025, and plan to sign up for 4 events for 2026.

CSP recently received several financial donations. One of our biggest supporters is Syko Realm, a motorcycle club out of Rigby. Suicide Prevention and Awareness is a tender topic for them. Each year they hold a suicide prevention and awareness fundraising event with an auction. Brandi Daw's brother and his father-in-law built and donated a beautiful table. Syko Realm donates

money to agencies they feel supports suicide prevention. They donated the money to CSP to help spread the word about suicide prevention and awareness. Apex Trucking donated money to total the donation to an even \$10,000.

The Fraternal Order of Eagles 576 is also interested in suicide prevention and awareness. Bonny Jennings, a CSP board member, and her husband are members of the Eagles. They raise money and then donate to organizations. CSP was a recipient of \$1000.

The 7th Annual Suicide Prevention Conference: Connecting Communities to Save Lives will be held on September 19, 2025, at Idaho State University – Idaho Falls campus. Keynote speaker is Kent Corso a licensed clinical psychologist and board-certified behavior analyst, and an Air Force OEF veteran. He has a 20-year career in suicidology. Dr. Janet Allen will also speak. She is the director of Creekside Counseling in Idaho Falls. Willow Abrahamson is the third speaker. She is with the Shoshoni Bannock tribes and a dedicated therapist and social worker. Registration will be available on May 5 on the CSP website. Lunch and CEUs are available.

Eastern Idaho Public Health, Elevate Academy East and Community Youth in Action sponsored a screening of Unaltered State. Following the screening, there was a panel of local experts to speak to mental health and suicide prevention resources available in the area. Watch the Unaltered State Video with this link: https://www.theunalteredstate.org/

C-Ya hosted the Polar Plunge for mental well-being on Saturday, April 26, 2025. It was well attended.

Eastern Idaho Public Health partnered with local law enforcement agencies in Salmon, Idaho Falls, Rigby, Rexburg, St. Anthony, and Driggs for prescription drug take back. This helps with lethal means reduction for suicide prevention. Timalee will report on the poundage collected at the next meeting.

Mike is part of the Region Seven Crisis Intervention Team (CIT) committee. He reported that region 7 holds three academies per year in Eastern Idaho. The training courses are 40 hours. It is open to law enforcement, fire fighters, dispatchers, mental health professionals, medical providers and more. Hoping to take CIT training courses to Pocatello. Also hoping to add some information about people with disabilities.

Conclude. Rigby Hope Squad advisors will present at the next meeting. Next CSP Community Meeting is scheduled for Thursday, June 5 at Noon at Eastern Idaho Public Health, 1250 Hollipark, Idaho Falls.