

**Community Suicide Prevention
Community Monthly Meeting Minutes
January 10, 2025**

In attendance:

Andrea Hamilton	Dan Bruderer	Sara White
Mike Jaymes	Bonny Jennings	Melinda Kettles
Julie Buck	Tina Ricks	Lynn Wade
Bradi Daw	Tina Wheatley	Timalee Geisler
Adam Rowberry	Christine Adams	Eric Adams
Rick Croft		

Rick Croft welcomed attendees. Attendees introduced themselves.

Rick reviewed the CSP goals for 2025 and encouraged attendees to offer ideas for a third goal.

- Goal 1: Memorial Bench in Teton County; Driggs. Sara White stated that a construction company has offered to donate material and time to set the bench. She will be meeting with the new county commissioners to review the bench and get a date scheduled.
- Goal 2: Two board members trained in Youth Mental Health First Aid to become instructors and then teach course to the community members.
- Goal 3: Ideas from group
 - Sara white: referral page on website, resource page
 - Counseling training in February – get permission to add to website

Mike stated that the Region 6 Mental Health Subcommittee is addressing children’s mental health and suicide through a conference at American Falls High School on Friday, March 14. Teachers to get CEU credits for attending.

- Brandi Daw – more involvement in meetings from the more rural areas including Salmon, Challis, Soda Springs, Bear Lake, Malad, Dubois, Butte County
- Gap: people do not know that the trainings /education exist – how do we get the word out
- Support groups – virtual options for far away communities or for other time constraints
- Timalee stated that Eastern Idaho Public Health will be working on suicide prevention campaign for blue collar workers, 988 information and resources beginning in July 2025.
- Julie Buck state that there are about four thousand youth that participate in 4H through the extension office. She had the idea to promote youth centric materials to share with those youth in extension offices during fair time.
- SPARK representatives stated that their agency can help individuals and families connect with resources and that there is a lack of resources in outer counties. SPARK is looking for resources for children under the age of 10 including some children who are suicidal/homicidal. Maybe add resources for younger children to the website.

Rick shared the 2025 CSP committees and encouraged everyone in attendance to join at least one committee:

1. Socia Media
2. Conference
3. Fundraising
4. Community Events/Calendar
5. Training
6. Parade
7. Driggs Bench
Memorial Benches
8. American Falls
9. Blackfoot
10. Idaho Falls
11. Rigby
12. Rexburg
13. Pocatello
14. Compassion Group
15. SOSL Dinner Committee

Sara White provided outcomes of the Driggs Community Event on Suicide Prevention with Dr. Kent Coros. 25 attended the evening event including paramedics and public. The following day, Dr. Corso trained the entire faculty and staff at Teton County School District.

Rick stated that Dr. Corso is at the top of the list as presenter for 2025 Suicide Prevention Conference to be held in Idaho Falls on Friday, September 19, 2025. We plan to partner with Idaho State University again.

NAMI will be holding an event/picnic in June at Tautphaus Park in Idaho Falls. They will also have a booth at mental health night at the first Idaho Falls Chukars baseball game.

Tina with Tueller Counseling stated they are hosting an EMDR training for 20 therapists to be completed the end of February. Jason Johnson, compass solutions in Boise doing the training, recently certified as an EMDR trainer. It was suggested that the training be held again in the fall and be open to other clinicians in the area.

Dan stated that he needs to update his contact information to get emails from CSP.

Julie Buck stated that the extension office hosts caregiver support group for those with brain health injuries, Alzheimer's' Disease, and dementia. She is looking for resources for seniors to share regarding their own mental health including suicide prevention. Timalee will look for resources from Idaho Department of Health and Welfare.

Brandie Weaver stated that the International Brotherhood for Electric Workers incorporate into their safety trainings suicide prevention methods and how to help fellow electricians. She is attending a day-long training in June.

Tina stated that on February 19 CSP is sponsoring a Therapeutic Insight and Support for Survivors of Suicide Loss: Compassion in our Practice presentation. The presentation will address the importance of clinician self-awareness and empathy in building a safe space for clients. 3 CEU's for suicide prevention training will be offered. The presentation is February 19 from 6-9 pm at the College of Eastern Idaho. Register for the presentation at Eventbrite. The cost is \$20.00. The presentation is sponsored by Community Suicide Prevention, Creekside Counseling, CEI and ddot31, LLC. Space is limited to 80 seats.

Syko Realm Fundraiser is March 8, 2025, at the Off Ramp Bar and Grill in Rigby. They normally donate to CSP.

SPARK is opening basic needs resources next door to their current facility. Food, clothing, diapers, etc. will be available. This resource will be opening soon

Next meeting – February 6, 2025, at Noon

Eastern Idaho Public Health in the Community Health Classroom